



1158 26th Street Suite 392
Santa Monica, CA 90403

T 310-453-5700
F 424-280-3014

drchilkov@integrativecanceranswers.com

Media Inquiries:
1-800-651-0875
info@integrativecanceranswers.com

www.aiiore.com
www.IntegrativeCancerAnswers.com
www.NaliniChilkov.com

CURRICULUM VITAE HIGHLIGHTS

PROFESSIONAL & CLINICAL

Chilkov Clinic, Founder and Director, 1979-Present

Complementary Collaborative Medicine, Integrative Cancer Care and support integrating Traditional Oriental Medicine and acupuncture, botanic medicine, homeopathic medicine, orthomolecular nutrition, biomedicine, lifestyle and stress management, meditation and the development of self-care skills.

Founder & CEO, Integrative Cancer Answers, 2012-Present

Create a Body Where Cancer Cannot Thrive

Founder & CEO, Pure Body Systems, LLC, 2013-Present

Simply Superior Supplements, Doctor recommended

Founder & CEO, American Institute of Integrative Oncology Research and Education, 2015-Present

Education for frontline healthcare providers to deliver the health side of the cancer treatment equation

#1 Best Selling Author: 32 Ways to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

Original Huffington Post Author Blogger, Cancer Expert, Healthy Living, 2009-Present

Scientific Advisory Board, Fran Drescher's Cancer Schmancer Foundation, 2013-Present

Scientific Advisory Board, Mederi Foundation, 2009-Present

Clinical research, educational programs and primary healthcare for patients with cancer and chronic illnesses

Consultant, Jeremy P. Tarcher, Inc., 1992

Consultant to Senior Health Editor, Connie Zweig. Los Angeles, California.

Management Consultant, Self Management Systems, 1988-89

Specializing in medical practice management, seminar development, manuals and literature for physicians, medical officers and staff; Malibu, California

Nutritional Consultant, Karuna Corporation, 1984-86

Manufacturer and distributor of nutritional, botanical and homeopathic medicines to physicians

Founder & Director, Amrita Resources, 1976-84

Education and resources to the general public on wellness medicine and new paradigms in healthcare



FACULTY, GUEST LECTURES & PROFESSIONAL SPEAKING

The Evolution of Cancer Care, Functional Forum, Los Angeles, California, 2017

Increased Rates of Cancer and Cancer Mortality Associated with Obesity and Insulin Resistance, 24th Annual World Congress on Anti-Aging Medicine, Las Vegas, Nevada, 2016

Can the Rich Tradition of Chinese Medicine Influence the Ecology of Cancer?, Institute of Nutritional Endocrinology Nutritional Endocrinology Practitioner Training Advanced Clinical Resource Interview, 2016

Integrative Cancer Care: The Important Role of Frontline Clinicians, Kalish Institute Masterclass, 2016

The Oncobesity Epidemic: The Deadly Link Between Cancer, Obesity, Glucose and Insulin, The Integrative Women's Health Summit, London, U.K., 2016

The Estrobolome: The Influence of the Microbiome Upon Estrogen Metabolism and Estrogen Driven Cancers, The Integrative Women's Health Summit, London, U.K., 2016

Selected Acupuncture Points and Phytochemicals from the Chinese Materia Medica that Influence the Development of Cancer, Diabetes, Obesity and Longevity, College of Naturopathic Doctors of Alberta Conference, Banff, Alberta, 2016

Integrative Cancer Care: Increased Rates of Cancer and Cancer Mortality associated with Obesity and Insulin Resistance, National Association of Nutrition Professionals Conference, Long Beach, CA, 2016

Clinical and Prognostic Significance of Coagulation Assays in Management and Identification of Cancer, OncANP 5th Annual Naturopathic Oncology Conference, Phoenix, AZ, 2016

Cancer Prevention: Selected Predictive Biomarkers, TAP Integrative Feature, Dr. Lise Alschuler, ND, 2016

Real Cancer Prevention: Nutrigenomic and Epigenetic Factors, Thorne Research Lecture, Santa Monica, CA, 2016

Integrative Cancer Care: Managing the Sides Effects of Cancer Treatment, Professional Clinical Training, Invivo Clinical, London, UK, 2015

Managing Cancer Treatment Side Effects with Nutraceutical and Botanical Medicine, Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Miami, San Francisco, Los Angeles, Houston, New York City, 2015-2016

Integrative Medicine Panel, Fran Drescher's Women's Health Summit, Los Angeles, CA, 2015

Botanical and Nutraceutical Management of Cancer Related Coagulopathies, IOICP International Organization of Integrative Cancer Physicians, Best Answer for Cancer Conference, Reno, NV, 2015

Ten Chinese Herbs that Transform the Cancer Micro-Environment, 9th Evidence-based Complementary and Alternative Cancer Therapies Conference, Annie Appleseed Project, West Palm Beach, FL, 2015

Managing Side Effects of Cancer Treatments, The Integrated Health Conference, Integrated Health International, San Diego, CA, 2015

Integrative Cancer Care: Managing the Cancer Bio-Terrain, Professional Clinical Training, Designs for Health Inc., National Lecture Tour, Dallas, Chicago, New York City, Phoenix, Orlando, Los Angeles, 2014

Cancer Related Fatigue, Cancer Strategies Healthy Medicine Conference, Phoenix, AZ, 2014

Managing Side Effects of Cancer Treatment, National Association of Nutrition Professionals Conference, Tucson, AZ, 2014



Integrative Cancer Care: Managing the Biological Terrain, Designs for Health Inc., Hyla Cass, M.D., October 2013

Integrative Cancer Care: Laboratory Analysis, Herb and Nutrient Interventions, Designs for Health Inc., 2009

Macular Degeneration: A Functional Medicine Approach, Designs for Health Inc., 2009

School of Medicine, Department of Community and Environmental Medicine, University of California, Irvine, 1980

School of Medicine, Department of Complementary Medicine, University of California, Los Angeles, Dr. David Diehl, M.D., Clinical Externship Provider, 1989-1993

Pacific College of Naturopathic Medicine, Department of Botanic Medicine, San Rafael, CA, 1982-1984

Antioch University, Department of Holistic Health, San Francisco, CA, 1980-1986

Saint Luke's Hospital, School of Nursing, "Acupuncture Analgesia", San Francisco, CA, 1980

Emperor's College of Traditional Oriental Medicine, Santa Monica, CA, Department of Western Sciences Anatomy & Physiology, Nutrition & Chemistry, Medical Practice Management, Integrative Cancer Care, 1984-2011

SAMRA University of Oriental Medicine, Department of Anatomy and Physiology, Los Angeles, CA, 1986-1987

California Acupuncture College, Department of Nutrition, Los Angeles, CA, 1985-1987

Seminars on Orthomolecular Nutrition and Botanic Medicine for Physicians, NF Physicians Formulas Inc., Guest Lecturer, Los Angeles, CA, 1985-1987

Managing Menopause: Treatment Choices in Mainstream and Complementary Medicine, in coordination with Pat Hackel, MFCC and Teena Summers, MFCC, Santa Monica, CA, Spring 1994

SELECT PUBLISHED WORKS

#1 Best Selling Author: 32 Way to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

OutSmart Cancer Quickstart Guide: Take Control of Your Health, 2014

Huffington Post, Healthy Living, Cancer Expert, Original Blogger Author, 2009-Present

Cancer Strategies Journal, Dwight Mckee M.D., Robert Zieve, M.D., Donald Yance, editors, 2012-2014

Smart Woman Online Journal and App, Ongoing Contributor, Change Corp

American College for the Advancement of Medicine, Online Contributor

GreenMedInfo.com, Contributor, 2013

LiveStrong.com, Contributor, 2011

Top 10 Cancer-Fighting Superfoods: Fighting Cancer in the Kitchen, 2014

13 Amazing Salads for Fighting Cancer in the Kitchen, 2014

6 Ways to Boost Your Immune System, Destroy Cancer Cells & Fight Infections Naturally, 2014

12 Imperial Herbs for Longevity & Rejuvenation, 2014

Don't Waste Your Money on Supplements: How to Choose Safe, Effective, Top Quality Supplements, 2014

Remove the Threat of Toxic Cancer-Causing Chemicals in Your Home: 8 Steps to Keep You & Your Family Safe, 2014

Sweets That Kill: The Link Between Diabetes, Blood Sugar, Body Fat and Cancer, 2012

Smart Women Live Their Why, Chapter: Living Art: The Practice of Medicine and Healing, 2011

***Traditional Chinese Medicine: Treatment of Menstrual Disorders*, Alternative Medicine, Future Medicine Publishers, 1993**

***Bromelain and Prostaglandin Production: Use as a Non-Steroidal Anti-Inflammatory Agent*, Journal of the Los Angeles Chiropractic Association, October 1984**

***Mineral Aspartates*, Journal of the American Chiropractic Association, November 1984**

***Herbal Medicine*, Monthly Column, Whole Life Times, 1984-1987**

SELECT INTERVIEWS & APPEARANCES

NBC-TV Access Hollywood, Breast Cancer Expert
ABC 20/20, Cancer Expert
Functional Forum: Evolution of Oncology
American Academy of Anti Aging Medicine Conference
International Organization of Integrative Oncology Physicians Conference
Cancer Strategies Conference
Oncology Association of Naturopathic Physicians Conference
Ontario Naturopathic Doctors Association Conference
California Naturopathic Doctors Association Conference
Alberta Naturopathic Doctors Association Conference
The Kalish Institute
National Association of Nutrition Professionals Conference
Functional Endocrinology Institute Seminars
Holistic Nutrition Lab Seminars
TAP Integrative Expert
LA Weekly Health
Veria TV, Where on Earth Series, Health and Wellness Guest Expert
Whole Life Times, Botanical Medicine Expert
The Dr. Steven Show
Organic Authority
Naturally Savvy Magazine
Integrated Health Magazine, Integrative Cancer Care Expert
Natural Health Magazine
The Truth About Cancer, Ty Bollinger Video Series
JJ Virgin Sugar Impact Diet Live
Well.org, Guest expert
Alternative Cancer Research Institute Radio, Health Care Journalist Connie Strasheim
Integrative Pelvic Health Institute, Jessica Drummond, M.P.T., C.N.C., C.H.C.
The Cancer Answers Global Summit, Jean Swann
Winter of Wellness Summit, Dr. Robyn Benson, D.O.M.
Healing Pain Summit, Dr. Joe Tatta, DPT, CCN
Love Your Mind, Love Your Body, Roberta Mittman, L.Ac., C.N.C.
Healthy Travelers Global Health Summit, Dr. Robyn Benson, D.O.M.
The Spa Doctor, Dr. Trevor Cates, N.D.
10 Minute Wellness Tips, Brad Costanzo & Bob Serling
Vibrant Health Radio, Dr. Ritamarie Loscalzo, D.C., C.C.N., D.A.C.B.N.
Hormones Balance Radio, Magdalena Wszelaki
The Hormone Cure, Dr. Sara Gottfried, M.D.
Higher Ground Radio, Portland Helmich
Menopause is a Trip, Travel First Class Summit, Katherine Miller
Lifescrypt: Healthy Living for Women
Self-Care Revolution, Dr. Robyn Benson, D.O.M.
Hay House Radio, Women and Cancer, Marcelle Pick, R.N.P.
Magnificent Menopause Radio, Series Expert on Cancer
Healthy Medicine Radio, Dr. Robert Zieve, M.D.
Holistic Nutrition Lab: Integrative Cancer Care, Andrea Nakayama



Moving Better Health Podcast, Joe Tatta, P.T., O.C.S, C.H.T.
Longevity Kitchen Cookbook by Rebecca Katz, Expert Interview
Natural Health Summit, Dr. Alexander Schuster, N.D., Ph.D.
Five to Thrive Radio, Dr. Lise Alschuler, N.D.
Wellness for Life Radio, Dr. Susanne Bennett, D.C.
Couch Talk, Dr. Anna Cabeca, M.D.
Elevate Your Energy Radio, Evelyne Lambrecht
Sexy Younger You, Dr. Anna Cabeca, M.D.
Cancer Answers TV, Dr. Judy Seeger, N.D.
Holistic Radio, Dr. Cathy Rosenbaum, Pharm.D.
Body Centered Leadership, Dr. John Amaral, D.C.
Lecture Series, Mikel Parsons, D.C.
The Age Busters Power Summit, Jonny Friedman

RECOGNITION & HONORS

Woman of Strength Award for Clinical Excellence, Get In Touch Breast Cancer Foundation, 2014
Top 10 Online Influencers for Breast Cancer, ShareCare.com, founded by WebMD & Dr. Mehmet Oz, 2012
Recommended Health Care Provider Expert, Knockout: Interviews with Doctors Who Are Curing Cancer and How to Prevent Getting It in the First Place, Suzanne Somers, 2009
Scientific Advisory Board, Mederi Foundation, Donald Yance, Founder
Scientific Advisory Board, Cancer Schmancer Foundation, Fran Drescher, Founder
Advisory Board, Integrative Cancer Medicine Magazine, Cyndy Tercha, ed.
TEDMED San Francisco, 2014 Delegate
Online Expert on Integrative Cancer Care, 360WomensHealth.com
Featured Clinician, 4Wholeness.com Breast Cancer Resources, 2012-Present
Fullbright Award, University of California at Santa Barbara

PROFESSIONAL LICENSES & CERTIFICATES

Licensed Acupuncturist, Doctor of Oriental Medicine, State of California, 1986
Licensed Acupuncturist, State of Hawaii, 1990
Diplomate/Acupuncture, National Center for the Certification of Acupuncturists, 1986-present
Certification in Chinese Herbology, National Center for the Certification of Acupuncturists, 1994
Fellow, American Society of Acupuncturists, 1986
Fellow, Institute for Functional Medicine, Gig Harbor, Washington, 2000
Teaching Credential, State of California, Nutrition & Health Occupations, 1985/Currently inactive

EDUCATION & TRAINING

Institute for Functional Medicine: Applying Functional Medicine in Clinical Practice, 2003
Mederi Foundation: Integrative Cancer Care, Advanced Clinical Applications of the ETMS in Cancer Care, 2009
Compassionate Care of the Dying, Joan Halifax, Ph.D., 2000
Doctor of Oriental Medicine, Certificate of Acupuncture, California Acupuncture College, 1986
Certificate Foundations of Homeopathy, International Foundation for Homeopathy, 1986
Bachelor of Arts, Cell Biology, San Francisco State University, 1982
St. Luke's Hospital School of Nursing, San Francisco, 1978-80



PROFESSIONAL ORGANIZATIONS

American Institute of Integrative Oncology Research and Education
Society of Integrative Oncology
Society of Integrative Oncology and Chinese Medicine
American College for the Advancement of Medicine
California Acupuncture Association
American Association of Acupuncture and Oriental Medicine
Center for Oriental Medical Research and Education
National Center for Homeopathy
International Foundation for Homeopathy
Homeopathic Research Foundation
California State Homeopathic Medical Association
Homeopathic Association of Naturopathic Physicians
Herb Research Foundation
American Botanical Council
Third Line Medicine, Los Angeles