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CURRICULUM VITAE HIGHLIGHTS

PROFESSIONAL & CLINICAL

Chilkov Clinic, Founder and Director, 1979-Present

Complementary Collaborative Medicine, Integrative Cancer Care and support integrating Traditional Oriental Medicine and acupuncture, botanical medicine, homeopathic medicine, orthomolecular nutrition, biomedicine, lifestyle and stress management, meditation and the development of self-care skills.

Founder & CEO, Integrative Cancer Answers, 2012-Present

Create a Body Where Cancer Cannot Thrive

Founder & CEO, American Institute of Integrative Oncology Research and Education, 2015-Present

Education for frontline healthcare providers to deliver the health side of the cancer treatment equation

#1 Best Selling Author: 32 Ways to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

Scientific Advisory Board, Fran Drescher's Cancer Schmancer Foundation, 2013-2020

Scientific Advisory Board, Mederi Foundation, 2009-2020

Clinical research, educational programs and primary healthcare for patients with cancer and chronic illnesses

Founding Huffington Post Healthy Living Author-Blogger, Cancer Expert, 2009-Present

PROFESSIONAL LICENSES & CERTIFICATES

Licensed Acupuncturist, Doctor of Oriental Medicine, State of California, 1986

Licensed Acupuncturist, State of Hawaii, 1990

Diplomate/Acupuncture, National Center for the Certification of Acupuncturists, 1986-present

Certification in Chinese Herbology, National Center for the Certification of Acupuncturists, 1994

Fellow, American Society of Acupuncturists, 1986

Fellow, Institute for Functional Medicine, Gig Harbor, Washington, 2000

Teaching Credential, State of California, Nutrition & Health Occupations, 1985/Currently inactive

RECOGNITION & HONORS

Woman of Strength Award for Clinical Excellence, Get In Touch Breast Cancer Foundation, 2014

Top 10 Online Influencers for Breast Cancer, ShareCare.com, founded by WebMD & Dr. Mehmet Oz, 2012

Recommended Health Care Provider Expert, Knockout: Interviews with Doctors Who Are Curing Cancer and How to Prevent Getting It in the First Place, Suzanne Somers, 2009

Scientific Advisory Board, Mederi Foundation, Donald Yance, Founder

Scientific Advisory Board, Cancer Schmancer Foundation, Fran Drescher, Founder

Advisory Board, Integrative Cancer Medicine Magazine, Cyndy Tercha, ed.

TEDMED San Francisco, 2014 Delegate

Fulbright Award, University of California at Santa Barbara

PROFESSIONAL MEDICAL - CLINICAL PRESENTATIONS

Assessing the Cancer Terrain - What Common and Uncommon Blood Tests Reveal About Cancer Risk,

Emerson Ecologics, 2021

National Association of Nutrition Professionals Annual Conference, CA, 2020

Food and the Physiology of Cancer: What Practitioners and Patients Need to know, Emerson Ecologics, 2020

The Answer to Cancer Master Class, 2020

Ontario Association of Naturopathic Doctors Annual Convention, Toronto, ON 2019

California Naturopathic Doctors Association, 2019.

Health Masters LIVE, Professional Education Series, 2019

Functional Medicine Discussion Group Lecture, Dr. Ben Weitz, D.C., Santa Monica, CA, 2019

Holistic Primary Care, Workshop for Frontline Clinicians 2018

Integrative Management of Adverse Effects of Cancer and Cancer Treatments, The Institute of Functional Medicine -

Nutrabiotics 2021, Colombia

The Estrobolome: The Influence of the Microbiome Upon Estrogen Metabolism and Estrogen Driven Cancers,

Emerson Ecologics, 2021

Ontario Association of Naturopathic Doctors Annual Conference, Toronto, ON 2018

California Naturopathic Doctors Association, Merging Medicine 19, Torrance, CA, 2017

The Integrative Women's Health Summit, London, U.K., 2016

Resolving Cancer Related Fatigue

Academy of Integrative Health & Medicine, Cleveland Chapter, 2022

Cognitive Impairment and Brain Aging in Cancer Survivors

Emerson Ecologics, 2022

American Association of Environmental Medicine Annual Conference, Park City, UT 2017

Six Keys to Healthy Aging: Immunosenescence, Immune Resilience and Immune Restoration

Integrative Practitioner - Digital Summit on Immune Health, 2022

Enhancing and Restoring Immunity As We Age: Immunosenescence, Immune Resilience and Immune Restoration,

Fullscript, 2021

Co-management in Cancer Care, OptimalRx, 2021

Healthy Aging: Care and Feeding of Mitochondria, Fullscript, 2020

Influencing Cancer-Related Cognitive Impairment, Anti Cancer Revolution, 2020

Integrated Approach to Immunity, Food & Spirit Group - Dr. Deanna Minich, 2020

COVID 19 and Cancer - ImmunoNutrition for our Most Vulnerable Patients, Oncology Nutrition Institute, , 2020

Onco-Inflammation: Targeting Tumor Promoting Inflammation with Selected Nutraceuticals and Phytochemicals,

Fullscript, 2019

International Congress of Naturopathic Medicine, London, U.K., 2017

Mitochondrial Metabolism, Ketogenic Diets, Fasting and Cancer, Designs for Health, 2019

Managing Cancer Related Fatigue: The Most Common and Persistent Complaint of Cancer Survivors:

Ontario Association of Naturopathic Doctors, 2019

How to Support Patients through Cancer Care: Health Masters LIVE, Professional Education Webinar Series, 2019



Making Cancer Personal: Selected Biomarkers That Guide the Use of Natural Compounds,

Ontario Association of Naturopathic Doctors Annual Convention, Toronto, ON 2018
Academy of Integrative Health and Medicine Annual Conference, CA 2018

Integrative Wellness for Long-Term Survivorship: Pure Encapsulations, 2018

Therapeutic Diets that Influence Cancer Metabolism, National Association of Nutrition Professionals Annual Conference, CA, 2018

The Deadly Link Between Cancer, Glucose, Obesity and Insulin, Annie Appleseed CAM for Cancer Conference, FL 2018
Cancer Related Cognitive Impairment & Cancer Related Fatigue, California Naturopathic Doctors Association, Professional Training Online Seminar Series, 2018

Cognitive Impairment and Brain Aging in Cancer Survivors: American Association of Environmental Medicine Annual Conference, Park City, UT 2017

Increased Rates of Cancer & Cancer Mortality Associated with Obesity & Insulin Resistance: Nutraceutical & Botanical Interventions, Functional Medicine Discussion Group Lecture, Dr. Ben Weitz, D.C., Santa Monica, CA, 2017

The Role of Biomarkers in Cancer Risk Reduction, Clinical And Scientific Insights (CASI) in Functional and Lifestyle Medicine Symposium, San Francisco, CA, 2017
Professional Clinical Training Series, Designs for Health Inc., New York City, Houston, Fort Lauderdale, Los Angeles, CA, 2017

Making Cancer Personal, Clinical And Scientific Insights (CASI) in Functional and Lifestyle Medicine Symposium, San Francisco, CA, 2017

The Evolution of Cancer Care, Functional Forum, Los Angeles, CA, 2017

Increased Rates of Cancer and Cancer Mortality Associated with Obesity and Insulin Resistance, 24th Annual World Congress on Anti-Aging Medicine, Las Vegas, NV, 2016

Can the Rich Tradition of Chinese Medicine Influence the Ecology of Cancer?, Institute of Nutritional Endocrinology Nutritional Endocrinology Practitioner Training Advanced Clinical Resource, 2016

Integrative Cancer Care: The Important Role of Frontline Clinicians, Kalish Institute Masterclass, 2016

The Onco-obesity Epidemic: The Deadly Link Between Cancer, Obesity, Glucose and Insulin, The Integrative Women's Health Summit, London, U.K., 2016

Selected Acupuncture Points and Phytochemicals from the Chinese Materia Medica that Influence the Development of Cancer, Diabetes, Obesity and Longevity, College of Naturopathic Doctors of Alberta Conference, Banff, Alberta, 2016

Integrative Cancer Care: Increased Rates of Cancer and Cancer Mortality associated with Obesity and Insulin Resistance, National Association of Nutrition Professionals Conference, Long Beach, CA, 2016

Clinical and Prognostic Significance of Coagulation Assays in Management and Identification of Cancer, OncANP 5th Annual Naturopathic Oncology Conference, Phoenix, AZ, 2016

Cancer Prevention: Selected Predictive Biomarkers, TAP Integrative Feature, Dr. Lise Alschuler, ND, 2016

Real Cancer Prevention: Nutrigenomic and Epigenetic Factors, Thorne Research Lecture, Santa Monica, CA, 2016

Integrative Cancer Care: Managing the Sides Effects of Cancer Treatment, Professional Clinical Training Series, Designs for Health Inc., Miami, San Francisco, Los Angeles, Houston, New York City, 2015-2016

Professional Clinical Training, Invivo Clinical, London, UK, 2015
The Integrated Health Conference, Integrated Health International, San Diego, CA, 2015
National Association of Nutrition Professionals Conference, Tucson, AZ, 2014

Integrative Medicine Panel, Fran Drescher's Women's Health Summit, Los Angeles, CA, 2015



Botanical and Nutraceutical Management of Cancer Related Coagulopathies, IOICP International Organization of Integrative Cancer Physicians, Best Answer for Cancer Conference, Reno, NV, 2015

Ten Chinese Herbs that Transform the Cancer Micro-Environment, 9th Evidence-based Complementary and Alternative Cancer Therapies Conference, Annie Appleseed Project, West Palm Beach, FL, 2015

Integrative Cancer Care: Managing the Cancer Bio-Terrain, Professional Clinical Training Series, Designs for Health Inc., Dallas, Chicago, New York City, Phoenix, Orlando, Los Angeles, 2014
Designs for Health Inc., Hyla Cass, M.D., October 2013

Cancer Related Fatigue, Cancer Strategies Healthy Medicine Conference, Phoenix, AZ, 2014

Integrative Cancer Care: Laboratory Analysis, Herb and Nutrition Interventions, Designs for Health Inc., 2009

Macular Degeneration: A Functional Medicine Approach, Designs for Health Inc., 2009

Managing Menopause: Treatment Choices in Mainstream and Complementary Medicine, in coordination with Pat Hackel, MFCC and Teena Summers, MFCC, Santa Monica, CA, Spring 1994

FACULTY and GUEST LECTURER

School of Medicine, Department of Community and Environmental Medicine, University of California, Irvine, 1980

School of Medicine, Department of Complementary Medicine, University of California, Los Angeles, Dr. David Diehl, M.D., Clinical Externship Provider, 1989-1993

Pacific College of Naturopathic Medicine, Department of Botanic Medicine, San Rafael, CA, 1982-1984

Antioch University, Department of Holistic Health, San Francisco, CA, 1980-1986

Emperor's College of Traditional Oriental Medicine, Santa Monica, CA, Department of Western Sciences
Anatomy & Physiology, Nutrition & Chemistry, Medical Practice Management, Integrative Cancer Care, 1984-2011

SAMRA University of Oriental Medicine, Department of Anatomy and Physiology, Los Angeles, CA, 1986-1987

California Acupuncture College, Department of Nutrition, Los Angeles, CA, 1985-1987

Seminars on Orthomolecular Nutrition and Botanic Medicine for Physicians, NF Physicians Formulas Inc., Guest Lecturer, Los Angeles, CA, 1985-1987

Saint Luke's Hospital, School of Nursing, "Acupuncture Analgesia", San Francisco, CA, 1980

SELECT PUBLISHED WORKS

#1 Best Selling Author: 32 Way to OutSmart Cancer: Create a Body Where Cancer Cannot Thrive, 2013

OutSmart Cancer Quickstart Guide: Take Control of Your Health, 2014

Huffington Post, Healthy Living, Cancer Expert, Original Blogger Author, 2009-Present

Optimizing Vitamin D for Enhanced Control of Cancer Prevention and Progression, Emerson Ecologics Element Journal, 2020

Omega 3 Fatty Acids: Enhanced Control of Cancer Risk and Progression, Emerson Ecologics Element Journal, 2020

Inflammasomes: Mediators of Lung Immunity, Emerson Ecologics Element Journal, 2020

Sleep, Inflammation, and Immune Function, Emerson Ecologics Element Journal, 2020

What if every cancer patient had a plan for health and not just plan for disease, AHHA 2019

I Expect My Patients to Be Outliers": Applying Nutrition to Improve Cancer Outcomes, Holistic Primary Care, Erik Goldman, 2019

What Common Blood Tests Reveal About Cancer Risk, Holistic Primary Care, 2018

The Estrobolome: How Microbes Affect Estrogen Metabolism & Cancer Risk, Holistic Primary Care, 2018

Cancer Care Fundamentals for Frontline Clinicians, Holistic Primary Care, Kristen Shepker, 2017

Cancer Strategies Journal, Dwight Mckee M.D., Robert Zieve, M.D., Donald Yance, editors, 2012-2014

American College for the Advancement of Medicine, Online Contributor
GreenMedInfo.com, Contributor, 2013

LiveStrong.com, Contributor, 2011

Top 10 Cancer-Fighting Superfoods: Fighting Cancer in the Kitchen, 2014

13 Amazing Salads for Fighting Cancer in the Kitchen, 2014

6 Ways to Boost Your Immune System, Destroy Cancer Cells & Fight Infections Naturally, 2014

12 Imperial Herbs for Longevity & Rejuvenation, 2014

Don't Waste Your Money on Supplements: How to Choose Safe, Effective, Top Quality Supplements, 2014

Remove the Threat of Toxic Cancer-Causing Chemicals in Your Home: 8 Steps to Keep You & Your Family Safe, 2014

Sweets That Kill: The Link Between Diabetes, Blood Sugar, Body Fat and Cancer, 2012

Traditional Chinese Medicine: Treatment of Menstrual Disorders, Alternative Medicine, Future Medicine Publishers, 1993

Mineral Aspartates, Journal of the American Chiropractic Association, November 1984

Herbal Medicine, Monthly Column, Whole Life Times, 1984-1987

SELECT INTERVIEWS & APPEARANCES for the GENERAL PUBLIC

NBC-TV Access Hollywood, Breast Cancer Expert

ABC 20/20, Cancer Expert

Functional Forum: Evolution of Oncology

Welleluate Dialogue with Dr. Jaclyn Smeaton - Growing Your Practice with Welleluate, 2021

Detox Masterclass for Cancer with Nathan Crane, 2021

Get Well with Dr. Shel Podcast - An Integrative Approach to Breast Cancer, 2021

From Doctor to Patient Podcast, By Dr. Diva Nagula - Acupuncture, Oriental Medicine and Integrative Cancer Care, 2021

The Heal Podcast with Kelly Noonan, 2021

Delivering Health Podcast with Dr. John Neustadt - Taking Control of Breast Cancer, 2021

Dr. RitaMarie Loscalzo - Three Keys to Supporting Health Span and Life Span in Cancer Survivors, 2021

Conquering Cancer Summit - Nathan Crane, 2021

Andrea Nakayama - Meeting the Needs of Cancer Survivors: Enhancing Life-Span and Health-Span, 2021

Integrative Oncology Talk, Dr. Santosh Rao - Bringing East and West, Ancient and Modern Together, 2020

Dr. Ben Weitz Podcast - Rethinking COVID-19: A conversation with Dr. Nalini Chilkov, 2020

HEAL Wellset, Kelly Noonan Gores: Be your own Advocate: What to do After a Diagnosis of Disease, 2020

The Answer to Cancer Video Documentary Series - Jeff Hays Production, 2020

Radical Remission Film Series, by Dr Kelly Turner, 2020

Functional Endocrinology Institute Seminars

TAP Integrative Expert

LA Weekly Health

Veria TV, Where on Earth Series, Health and Wellness Guest Expert

Whole Life Times, Botanical Medicine Expert

The Dr. Steven Show

Organic Authority

Naturally Savvy Magazine

Integrated Health Magazine, Integrative Cancer Care Expert

Natural Health Magazine

The Truth About Cancer, Ty Bollinger Video Series

JJ Virgin Sugar Impact Diet Live

Well.org, Guest expert

Metagenics Institute LIVE with Dr. Deanna Minich

Alternative Cancer Research Institute Radio, Health Care Journalist Connie Strasheim

Integrative Pelvic Health Institute, Jessica Drummond, M.P.T., C.N.C., C.H.C.

Article Feature: What if every cancer patient had a plan for health and not just plan for disease, American Holistic Health Association 30th Anniversary Essay Project, 2019

The Cancer Answers Global Summit, Jean Swann

Winter of Wellness Summit, Dr. Robyn Benson, D.O.M.

Healing Pain Summit & Moving Better Health Podcast, Dr. Joe Tatta, DPT, CCN

Love Your Mind, Love Your Body, Roberta Mittman, L.Ac., C.N.C.

Healthy Travelers Global Health Summit, Dr. Robyn Benson, D.O.M.

The Spa Doctor, Dr. Trevor Cates, N.D.

10 Minute Wellness Tips, Brad Costanzo & Bob Serling

Vibrant Health Radio, Dr. Ritamarie Loscalzo, D.C., C.C.N., D.A.C.B.N.

Hormones Balance Radio, Magdalena Wszelaki

The Hormone Cure, Dr. Sara Gottfried, M.D.



Higher Ground Radio, Portland Helmich

Menopause is a Trip, Travel First Class Summit, Katherine Miller

Lifescrypt: Healthy Living for Women

Self-Care Revolution, Dr. Robyn Benson, D.O.M.

Global Cancer Symposium 2.0, Kicking cancer out: Top 10 ways to create a body where cancer cannot thrive, Nathan Crane

The Adrenal Solutions Summit, Is There a Connection Between Stress and Cancer?, Marcelle Pick, R.N.P.

Hay House Radio, Women and Cancer, Marcelle Pick, R.N.P.

Magnificent Menopause Radio, Series Expert on Cancer

Healthy Medicine Radio, Dr. Robert Zieve, M.D.

Holistic Nutrition Lab: Integrative Cancer Care, Andrea Nakayama

Longevity Kitchen Cookbook by Rebecca Katz, Expert Interview

Natural Health Summit, Dr. Alexander Schuster, N.D., Ph.D.

Five to Thrive Radio, Dr. Lise Alschuler, N.D.

Wellness for Life Radio, Dr. Susanne Bennett, D.C., 2020

Couch Talk, Dr. Anna Cabeca, M.D.

Elevate Your Energy Radio, Evelyne Lambrecht

Sexy Younger You, Dr. Anna Cabeca, M.D.

SherryStrong Organisation. Sherry Pollex

Cancer Answers TV, Dr. Judy Seeger, N.D.

Holistic Radio, Dr. Cathy Rosenbaum, Pharm.D.

Body Centered Leadership, Dr. John Amaral, D.C.

Lecture Series, Mikel Parsons, D.C.

The Age Buster's Power Summit, Jonny Friedman

EDUCATION & TRAINING

Institute for Functional Medicine: Applying Functional Medicine in Clinical Practice, 2003

Mederi Foundation: Integrative Cancer Care, Advanced Clinical Applications of the ETMS in Cancer Care, 2009

Compassionate Care of the Dying, Joan Halifax, Ph.D., 2000

Doctor of Oriental Medicine, Certificate of Acupuncture, California Acupuncture College, 1986

Certificate Foundations of Homeopathy, International Foundation for Homeopathy, 1986

Bachelor of Arts, Cell Biology, San Francisco State University, 1982

St. Luke's Hospital School of Nursing, San Francisco, 1978-80

PROFESSIONAL ORGANIZATIONS

American Institute of Integrative Oncology Research and Education

Institute for Functional Medicine

Society of Integrative Oncology

Society of Integrative Oncology and Chinese Medicine

Oncology Association of Naturopathic Physicians

American Association of Naturopathic Physicians

California Naturopathic Doctors Association

American College for the Advancement of Medicine

California Acupuncture Association

American Association of Acupuncture and Oriental Medicine

Center for Oriental Medical Research and Education

International Foundation for Homeopathy

Herb Research Foundation

American Botanical Council